GLOSSARY

ABSTRACT MIND or Higher Mental Plane. It deals entirely with the higher values of the Spiritual Triad - is idealistic, illumined, and the presenter of ideas. It is the archetype or pattern building faculty, or the mind which works with the 'blueprints' upon which the forms are modelled.

ADEPT - A Master. A human being who, having travelled on the Path of Discipleship and entered upon the Path of Initiation, passes into the Fifth or Spiritual Kingdom after the Fifth Initiation.

ALIGNMENT - To adjust so that the different parts work in unison as a complete whole. In meditation to adjust the physical-etheric, emotional and mental bodies so that they act as one, and are used as a channel for the Soul in everyday living.

The Law of ANALOGY or CORRESPONDENCES - The Law which interprets God in Man - "As above so below". Explanation of mysteries, the inner secrets of nature, by an agreement or likeness, which by rule or principle might act in the same way or have the same function. Events occur in the external world which are to be regarded as expressing activity and experiences of the human soul.

ANGEL OF THE PRESENCE - The Soul or Solar Angel. The inner spiritual Being of which we are aware and with which we have to stand face to face.

ANIMA MUNDI - The Soul of Matter, or World Soul, as it expresses itself through all the kingdoms in nature.

ANTAHKARANA or ANTASKARANA - The path or bridge in consciousness between the higher and lower mind serving as a medium of communication between the two. No single member of the human family builds and crosses that bridge without lifting the whole group, thus strengthening the link by adding his little cable to that bridge between the Kingdom of Man and the Kingdom of God.

ARC - Involutionary and Evolutionary - part of a circle or curve. The involutionary arc covers the "path of descent" or the coming down of Spirit into ever denser matter until the lowest is reached. The latter half of the process is called evolutionary and marks the ascent or return of Spirit to its source, plus the gains made, and thus completes the circle. On the descending arc the spiritual is gradually embedded in the material; and on the ascending arc Spirit slowly reasserts itself through the purification and redemption of Matter.

ARCHETYPE - An original model from which anything is made. There are archetypes in mental matter of all the different forms in the dense world. They are not merely models, but are living things, creative moulds, and fashion the forms in their own likeness.

ASHRAM - The subjective spiritual centre to which the Master gathers his group of disciples and aspirants for personal instructions and group service. A centre of living spiritual energy in the group life of the Hierarchy and a means of directing focused spiritual energy into the world.

"AS IF" - As a man thinketh in his heart, so is he". By acting "As If" one were a soul it is possible more easily to work towards a true vision of soul and personality. This attitude brings into play the faculty of imagination which produces definite inner changes and is one of the forces which influence substance itself.

ASPIRANT - One who strives to attain to a higher state of consciousness, and who achieves through a controlled mind, with purity of thought, of motive and of action.

ASPIRANT, the requirements of an - To acquire soul knowledge and safely use the power of the soul an aspirant must:-- Study the forces and energies in nature and within himself. Learn to control the lower man by the Inner God, by wise use of these forces; by discipline and purification, control and physical, emotional
and mental bodies; and learn how to use the Spiritual Will.

**ASPIRATION** - Seeking after knowledge of the Soul. By the study and practice of rules and methods an aspirant hopes to achieve the realisation of spiritual consciousness. Aspiration must precede inspiration. A fiery determination, a purificatory furnace which destroys all that is base in the lower self, leaving the aspirant pure and refined.

**ASTRAL BODY** - All emotions, passions, desires and appetites, through this vehicle, act on the physical body and find their expression in the physical world. This body must be understood, controlled and trained to function under the domination of man's will.

**ASTRAL and MENTAL BODIES** - These bodies on the emotional and mental planes are part of the equipment of the threefold personality. They are composed of the elemental life of those planes. The whole struggle is between these elemental energies following their natural tendencies, and the Soul in its effort to control them. By steady purification of the mind and emotions, using dispassion, discrimination and detachment, these vehicles are controlled and matter of a finer and more responsive quality to soul energy is built in.

**ASTRAL PLANE (The World of Emotions)** - The substance of matter of the astral plane is organised by the coming into activity of certain centres within the astral body. This matter is fluidic, more responsive to all life energies than physical matter, and likened to water. It is in continual motion, changing in colour and form with the ever changing mood. It is through the vehicle of the astral body that all emotions, passions, desires and appetites act on the physical body and find expression in the physical world.

**ATLANTIS** - This is a continent said to have been submerged under the Atlantic and Pacific Oceans. It was the home of the Fourth Root Race (the Atlanteans).

**ATMA** - The Universal Spirit; the Divine Monad. Atma or Spiritual Will - the highest aspect of Soul.

**ATOM** - A particle of matter so small as to admit of no division. In the past the atom was regarded as an indivisible unit of substance; now it is looked upon as a centre of energy or electric force, which through its own internal make-up gives off energy, heat and radiation. It possesses the power to change from one method of activity to another. The atom is a living entity, a positive nucleus of force or life; a little vibrant world, and within its sphere of influence other lives are found.

**AT-ONE-MENT (At-one-ness)** - To be conscious of oneself and other servers as a whole (spirit-soul-body). Mind and Soul functioning as a unit to express the will of the Indwelling God. Through the ordered stages of meditation the physical body is under the control of the Soul; the emotional body reflects the Love nature, and the mental body expresses perfectly the Will or purpose of God.

**AUM** - The Sacred Word. A triple sound (h)ome. The personality, as a whole, when perfected and brought under the control of the soul is the "Word made flesh" - (body-soul-spirit).

**AURA** - A subtle, psychic, indivisible essence which radiates from human and animal bodies, and from things.

**AWARENESS** - A succession of expansions of consciousness, or passing from one state of consciousness or knowing to another. It is the growth of that faculty of awareness that constitutes the predominate characteristic of the "indwelling thinker". It is the progress from the awareness polarised in the personality to that polarised in the higher ego or soul - thence to a polarisation in the Monad or Spirit till the consciousness is eventually divine.
**BODHISATTVA** - The Lord Maitreya; the Christ or World Teacher. The Bodhisattva is the Head of all the religions of the world, and the Master of all Masters, the Teacher of both angels and men.

**BODIES** - Subtle - Are qualified energy centres of the mind and emotions. They are not bodies like the physical, but reservoirs of particular types of force and are collections of atoms vibrating at high speeds.

**BROTHERHOOD** - Closely united by a common bond - the Oneness of Life. The world trend towards those things which will benefit all and not just a few. Brotherhood is a worldwide ideal. Love, understanding, cooperation, service, self-sacrifice, inclusiveness, freedom from doctrine, recognition of divinity are some of the characteristics of brotherhood. These things only come about when the individual is completely decentralised from personal gain and works for the good of the whole.

**BUDDHA** - "The Enlightened" or "Light Bearer". Gautama Buddha, the Prince of Kapilavastu, the founder of Buddhism. The Lord Buddha has attained the highest degree of knowledge possible for man in this solar system. Wisdom is the predominant characteristic of the Buddha.

**BUDDHA (The four Noble Truths - The Eightfold Path)** - The Buddha taught that by the practice of Detachment, Dispassion and Discrimination man might learn the way of release from suffering. He endeavoured to formulate this understanding of the causes of world distress into Four Noble Truths: (1) That existence in the phenomenal universe is separable from suffering and from sorrow. (2) That the cause of suffering is desire for existence in the world of phenomena. (3) That cessation of suffering is brought about by eradicating all desire for existence in this universe of phenomena. (4) That the way to cessation of suffering is by treading the Noble Eightfold Path wherein are expressed: Right belief; Right intention; Right speech; Right action; Right living; Right endeavour; Right mindedness; Right concentration.

**BUDDHIC PLANE** - The Plane of Union or At-one-ment. The Christ world, intuitional or Christ consciousness - group consciousness. On the Buddhic plane, or the Plane of Wisdom, the disciple begins to find the note of his Planetary Logos.

**CAUSAL BODY or SOUL BODY** - This body is the Ego, Soul or Higher Self, the centre of egoic consciousness. It is the expression of the Higher mind or Monad. It is relatively permanent.

The Law of CAUSE and EFFECT (Karma) or sowing and reaping. Karma means "action and its coming into effect". In the mental, emotional and material worlds no good deed can escape its reward; and no evil deed its fit penalty. By this Law our characters are the exact product of our past evolution - therefore the future is now in our own hands.

**CENTRES** - The middle point to which energies or forces converge or collect. Centres are whirlpools of force that swirl etheric, astral and mental matter into activity of some kind. The major endocrine (ductless) glands which control the activities of the body have a `psychic centre' or channel through which the life forces flow. These centres have their own wavelength linking them with certain cosmic building forces.

**CHARACTER** - is the combination of all habits of thought and feeling and represents the product of all past lives, thoughts, deeds, words and feelings. It is the channel through which the life forces will naturally express themselves until the Higher Self takes control.

**The CHRIST** - The Second aspect (the Son) of the Divine Trinity. Christ reveals and expresses the Love of God, and God as Love. Christ is the Head of the Teaching Department - the source from which all streams of Religion, Philosophy and Education spring.

**CHRIST CONSCIOUSNESS** - Development of the Christ nature in individual man, and in the race as a whole. The conscious calling out of the Christ life in the human heart, and our integration into the Kingdom of God.
The Followers of CHRIST - Those who love their fellow-men irrespective of creed, colour or race. Their Christianity is of an inclusive kind, bringing international goodwill. The attainment of Christ Consciousness is always a process of crucifixion, the complete subjugation of the lower to the higher, of the material to the spiritual, of the personal to the Divine, and of the limited to the universal.

CLAIRAUDIENCE - The faculty (whether inborn or acquired by occult training) of hearing sound not possible of registration by the physical ear.

CLAIRVOYANCE - The faculty of sight, one of the lower psychic powers of extra vision which sees those who exist in other than solid matter. The faculty of seeing with the "inner eye" or spiritual sight. In the Soul this power shows forth as pure perception and infallible spiritual vision.

COMPASSION - Sympathy with or sorrow for the suffering of others. Infinite Love, spiritual understanding and intelligence, or that subtle ability which recognises the meaning lying back of all events. An ability to become identified with others.

CONCENTRATION - One-pointed attention. To bring all thoughts to a common centre and thus intensify their action. Infinite patience to control and concentrate thought is essential to build a clear and powerful mental body able to contact the Higher Self and impress the wishes of the soul upon the waking consciousness.

CONCRETE/ABSTRACT MIND - There are two mental functions of the mind: Concrete mind - the critical, analytical, reasoning faculty functioning through the personality. The form-building faculty. Abstract Mind - the pattern building faculty upon which the forms are modelled, related to the world of ideas. Pure, direct, Monadic perception and knowledge.

CONCRETE or LOWER MIND - The activity of the mental body, the highest aspect of the lower personal self. It is form building - "thoughts are things". It analyses, criticises, is materialistic and concerns the form side of things of the present moment. Matter of the lower mental plane is very active, impressionable, limiting and easily affected by vibrations of the emotional plane.

CONSCIOUSNESS - Awareness of one's thoughts, emotions and actions - that faculty which enables man to be vigilant, observant or to know. Consciousness is not only the sense of identity or self-awareness, but it concerns also the sense of relationship of that "I" to all other selves.

Expansion of CONSCIOUSNESS - Evolution is of consciousness and not of form. An all-inclusive awareness and an increase of knowledge, wisdom and understanding is possible to all humanity:- (1) through discipline of life, through reincarnation, through the medium of the five senses, and through the driving force of evolution; (2) through specialised esoteric training leading to a graded series of voluntary tests and initiations.

CONSCIOUSNESS (Mineral, Vegetable, Animal and Human) - is the response to outer forces in unevolved man, and to both outer and inner incentives in evolved man. In the mineral, vegetable and animal kingdoms consciousness is seen as attraction and repulsion. MINERAL: this kingdom expands into the vegetable consciousness - activity plus sensitiveness (embryonic emotion or feeling). VEGETABLE kingdom has the rudiments of a nervous system. Consciousness expands into the animal consciousness - activity plus sensitivity - plus instinct (embryonic mind). ANIMAL develops a highly organised nervous system, astral matter becomes organised and feelings and emotions exhibit themselves. Instinctual consciousness - latent mind, and the ability to use the senses. The animal kingdom expands into that of man, who is the macrocosm for the three lower kingdoms, and HUMAN - Man demonstrates intelligent activity; is capable of emotion or love, and has added intelligent will. He is not only conscious but is self-conscious. Man later advances to:- (1) Group consciousness - Egoic or Soul consciousness demonstrating Intelligent Activity. (2) Spiritual consciousness - consciousness of the Heavenly Man - Love-Wisdom. (3) Divine - God Consciousness - Divine Will.
CONSECRATE - To devote one's life to some cause or ideal, a great Teacher, or service to humanity, and apply every effort to follow that example or achieve that goal in daily life. The complete surrender of the whole being (the threefold man) to control by the Soul in the furtherance of the Plan of Light. Sacrifice to the human will - man's own selfishness - to some especial service.

The CONSTITUTION of MAN - The threefold personality is composed of: (1) Physical-etheric body - (a) dense, liquid and gaseous matter, and (b) etheric matter. It is a dual body (objective physical and an etheric double) - which works through the physical organism - called the vital body, which is the vehicle of Prana and all other energies which work out on the physical plane. (2) Emotional or Astral body (feeling or desire). It reacts to impacts of forces and energies which must be consciously controlled if growth in self-consciousness is to be attained. (3) Mental body is made up of substance from the Mental Plane. This body is not yet well organised in the majority of men. (4) Soul - Higher Self or Causal Body - is the middle principle which links Spirit and Matter, and its quality is Love. (5) Monad is the First or Father aspect; its energy is Pure Spirit, and its quality is Divine Will.

CONTEMPLATION - Entry into the consciousness of the Soul. It is the Soul that contemplates. The mind becomes absorbed in that which is Reality and is unaware of separateness or of the personal self. The human consciousness ceases its activity and the man becomes conscious of essential oneness with Deity.

CO-OPERATION - The act of working jointly with others in order to reach the same objective. A disciple is a "willing co-operator" for the good of the whole. The parts project into the group all those qualities and capacities which together can solve the immediate problem and fulfil the Plan - that which is needed by the group to serve the need.

The Law of CORRESPONDENCES - See "The Law of ANALOGY".

COSMOS - The system of things as ordered - the Universe, world. Cosmology is the study of its origin relating to structure, motion and essential parts of the system. Cosmic and spiritual laws show everything to be a likeness to something larger with slight differences. Repetition exists and links the whole pattern of life - it is the secret of the unity of all life.

CREATION - An orderly act or process whereby 'things come into existence'. It is by Divine Power, Divine Love and Divine Intelligence, which existed prior to the creative act, that the qualities inherent in chaos were separated from one another and forms originated.

THE CROSS (2 aspects) - The First Cross of Personality whereby we struggle to gain physical purity; to calm the emotional body; to learn forgiveness and unselfishness; to use our minds more widely; to learn concentration; to think things through logically; to be interested in events, people and trends, and to learn to integrate the personality. The Second Cross of the Soul: while still working to perfect the personality we begin soul control, striving for its qualities of Love/Wisdom, Light and Sacrifice (Will). Throughout every phase of human relationship our continued activity in service for humanity becomes wider, and our loving understanding grows into greater light.

CRUCIFIXION - Loss of everything in life which is of value to the personality, sacrifice even unto suffering and death as evidenced by Christ who was fastened to the Cross. By the time this test is reached the soul of the initiate has become so strong and his character so expanded, his inner knowledge so great, his sense of values so changed, that he is quite willing to pay the price. The Fourth Initiation.

DEDICATION - is the act of devoting or setting oneself to some work or duty. To give oneself as a Soul and as a personality to the service of one's fellow-men, realising that each man is a part of the whole.

DETACHMENT - Through detachment - a state of impersonal observation - man learns to withdraw his
interest and consciousness from the things of the senses and the calls of the lower nature. More and more he assumes the consciousness of the Soul.

DEVa (or Angel) - A Celestial being, a resplendent deity or god. Devas are divided into many groups, and are called not only angels and arch-angels, but lesser and greater builders.

DISCIPLE - denotes the attainment of a definite level of consciousness by the aspirant, whose main objective is to live and function as a soul, and serve the Plan.

Accepted DISCIPLE - There are three things an Accepted Disciple is pledged to do:- Serve humanity as a member of a group. Co-operate with the Plan of the Great Ones. Develop the powers of the Ego and follow the guidance of the Higher Self.

The Work of a DISCIPLE - A Disciple has two Masters, first his own Soul whom he contacts as an aspirant, and second that Spiritual Being who elects to take him in training and whom he contacts as a disciple.

DISCIPLESHIP - is the life of Service under Soul guidance and of conscious participation in the Work of God.

The science of the development of DISCIPLINE - Four interdependent steps are a basis for the science of development of discipline, as follows:- TO KNOW - to achieve by study some realisation of oneness with the Self. TO WILL - to follow a course of development leading to greater knowledge. Perseverance in action. TO DARE - to use the knowledge we have and put our understanding of it into action. TO BE SILENT - to give time to grow naturally, unhindered by man's interference. Silence is refrainment from speech about, and forgetting the self- glorification of, accomplishment.

DISCRIMINATION - To distinguish by observing differences between the pairs of opposites - good and evil; between form and Life; between Spirit and Matter, and the Self and the Not-Self. The faculty of weighing every circumstance, action or occurrence in order to learn its purpose and its underlying motive and to make the right choice of action.

DISPASSION - deals with man's attitude towards life, events and circumstances and complete control of his reactions to these. Dispassion is acceptance of God's Will and the ability to accept, with understanding, the circumstances of life.

DIVINITY. FIRST ASPECT - WILL. God Who wills into being all that is His Eternal Purpose and Plan and Power to create. SECOND ASPECT - LOVE/WISDOM. God is known as the Lover, and this aspect of attraction awakens in man "group consciousness". He becomes a magnetic attractive Son of God, producing the tendency to fusion and synthesis. THIRD ASPECT - INTELLIGENT ACTIVITY - LIGHT. This completes the equipment of the appearing forms and predisposes all creation to an intelligent appreciation of the true goal of desire and to an intelligent use of the technique of form building in order to reveal divine purpose. The Knower (man) is the custodian of that wisdom which will enable him to further the divine plan and bring the Will of God to fruition.

DOCTRINE (Eye - Heart). Eye - Intellectual, through the study of books. Heart - Experience in practical living by trying to reach the Heart of God, which is Love, and from one's own heart experience giving love and service to all.

The DWELLER ON THE THRESHOLD is the personality or lower self. The sum total of all evil thoughts and wrong desires which have infringed the law of brotherhood since human beings started on the ladder of evolution.

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EGO - The Soul in form - that which enables a man to say "I AM" or "I EXIST". Self consciousness. The Ego is a
reflection on the mental plane of the Monad or Spirit.

ELEMENTALS - Spirits of the elements (except a few of the higher kinds and their rulers) are forces of nature. The creatures evolved in the four kingdoms or elements - earth (gnomes), air (sylphs), fire (salamanders) and water (undines).

ELIMINATE - To expel, get rid of, throw aside or cast out. All growth is achieved by the gradual weakening of the old rhythm by the new.

EMOTION - Deep feeling, or excitement of desire. Emotion is the motive power in man - it stimulates thought, it impels motion or action, and without it man would be dull, slow or passive.

EMOTIONAL (Astral or desire) BODY - The subtle body of desire or feeling functioning on the astral plane. It is through this body that all emotions and desires react on the physical body and find expression in the physical world.

ENDURANCE - The ability to "keep on keeping on" despite all circumstances or obstacles. Endurance (sustained perseverance and courage) is one of the characteristics of the Soul.

ENERGY - Life itself. Active internal power. God's Love in action in all forms in all the kingdoms.

The Mastery of ENERGIES - concerns the use and control of the centres of energy, the reaction of man to planetary forces - his own and those from elsewhere in the system. When man is no longer bound on the wheel of rebirth, and the spiritual man is freed from obstacles in the psychic body, he attains mastery over all things and is recognised as a Knower. He can become a White Magician, a wielder of energies, and a conscious worker with Those Entities guiding evolution.

ENVIRONMENT - The place in which you are. The contacts which you make in your business life, home life and surroundings, in your social life, religious life and all other circumstances which condition your existence. Also in your mental environment where the mind can affect, by the power of thought, everything it touches.

EQUILIBRIUM - Perfect adjustment of all parts to the whole so that friction is absent and there is an absolute equality of balance, power or force.

ESOTERIC - The inner spiritual meaning which lies behind all forms and all events, the finding of which carries life and salvation to the individual and also to humanity. Occult or Wisdom teaching - divine knowledge.

ESOTERIC SCHOOL - An Esoteric School is a training group where one is taught to work as a conscious soul in control of an active and intelligent personality.

ETERNAL WISDOM - The Truth as God revealed it at the moment of creation, which has endured through the centuries, although not perceived by the dense materialism of the human mind.

ETHER - A kind of individable light substance which acts as a transmitter of light, sound and electrical waves, and fills all space. Capable of being moulded by attractive forces into forms and patterns.

ETHERIC BODY (Physical) - ETHERIC DOUBLE. The Etheric Body is the vehicle of Life force, which energises and vivifies the dense physical body, giving it warmth, motion and sensitivity. Every form has its etheric counterpart.

EVIL - is lack of good just as darkness is lack of light, and is that which separates us from God. That which we have outgrown but to which still cling. That which opposes evolution and unity.

EVIL ONE - The spirit of evil - devil - animated and possessed of great wickedness. Those who work with the
forces of involution and oppose the soul-evolution of the race.

**EVOLUTION** - The unfoldment of Divine latent powers. The process which unfolds the life within all units. A continual and increasing power to respond to something higher.

**EXOTERIC** - Outward, public; the opposite of esoteric or hidden. That which is taught openly.

**FASTING** - Usually on religious grounds; it is a determination not to take food at certain times or days and as an act of service or sacrifice. To demonstrate the triumph of Spirit over matter when tested in the physical, emotional and mental aspects of human nature.

**THE FIELD OF KNOWLEDGE** - That which is revealed to personality consciousness through the five senses, and that which is revealed to the soul through the higher correspondences of the five senses.

**FIFTH PRINCIPLE** - The principle of Mind; that self-conscious faculty in man which is the intelligent reasoning principle and which distinguishes man from the animals.

**FORCE** - Any cause or active power which produces motion or a change of motion in a body. Specific energy as it expresses itself through a particular form, i.e. as outgoing energy.

**FORM - FORMLESS** - The four lower subplanes of mental matter are called the Rupa or "form" subplanes, because thought creates thought-forms having definite shapes. The three higher subplanes are called "formless" since thought in that matter does not precipitate into definite shapes but expresses itself as a complex radiating vibration.

**FREE-WILL** - The power of voluntarily directing one’s own actions; free-will is not merely a choice between two courses of action. The will is free when the Soul or Self draws its motive from sources that lie within the spiritual Self and is not activated from outside or personality sources.

**FUNDAMENTAL** - First Principle; the foundation or basis of a truth or doctrine; essential; a leading principle or rule.

**FUSION** - United as if mixed and blended together. The blending of soul and personality or of a group of souls to work as a unit.

**GLAMOUR** - An emotional or astral disturbance preventing or distorting the perception of truth.

**GLANDS** - The principle endocrine (or ductless glands are - PITUITARY, in the front of the brain; PINEAL in the middle of the head; THYROID and PARATHYROIDIDS in the throat; THYMUS in the chest; PANCREAS in the solar plexus region; ANDRENALS just above the kidneys, and the GONADS in the groin. Each gland manufactures one or more subtle secretions which pass into the bloodstream and do their specialised work. These glands act as brakes or controls upon each other and a system of balance between them produces the perfect human being.

**GOD IMMANENT** - God is contained in all forms regulating conditions and expressing divinity from within in all kingdoms in nature as well as through human beings. Christ exemplified this Divine Immanence. The Occult Way.

**GOD TRANSCENDENT** - God as being above, greater than, external to, or encompassing His created world. The Mystical Way.
GROUP - A number of individuals who are so fused or linked together subjectively on the plane of the Soul that they work as one whole unit in order to carry out some particular kind of work or act of service to which they are dedicated.

GROUP CONSCIOUSNESS - Inclusive awareness of the group function; sense of responsibility towards assisting soul expression of others; identification of the part with the whole.

GROUP INTEGRITY - The consecration and united purpose of the group members enables them to put group work first, so that a common vision unites them all. By keeping personality affairs, criticisms, private concerns and troubles out of group life, the group mind is steadied, clear and free which permits the work to be uninterrupted.

GUARDIAN ANGELS - The soul, or solar angel, of human beings.

GURU - A spiritual Teacher. A Master, in metaphysical doctrines - the science which seeks to probe the inner secret or logic of thought or being, as the basis of that which is seen or known through the physical senses.

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HALL OF IGNORANCE - Where the form controls and the material side of things has predominance. Man polarised in his personality. The place or plane wherein the unreal or material is ignorantly taken for the Real.

HALL OF LEARNING - Where the Ego or Soul strives to dominate form until balance is reached and man is not entirely controlled by either. Where the great transition is made, darkness being gradually lightened by the Christ nature within, and man's ignorance becomes Knowledge.

HALL OF WISDOM - When the Soul increasingly controls and dominates in the three worlds of the personality and Divinity finally assumes the mastery. Wherein man becomes a server of the race, knowing what the practice of dispassion, discrimination and detachment has given him, and being centred in the Real he can spend himself in service to all strugglers in the darkness.

HARMLESSNESS - is an active, positive, dynamic quality, the will-to-bring-good-to-others. It is achieved by watching every word, deed and thought so that there is no possibility of injuring others. Refusing to think ungenerously or to criticise. To be harmless means to have understanding and purity of motive. It makes for perfect relationships with other men and is a quality of the will.

HEARING - The first of the five senses to register on the physical plane. Response to physical sound. Spiritual hearing - response to the 'sound' of the 'Word' of God. Learning to listen to and cultivate the inner voice which 'speaks in the silence'. Spiritual unfoldment of hearing is the recognition of the Self and of Reality.

HEART OF THE SUN - The Sun is the Heart of the Solar world and its vital energy is veiled by the visible Sun. Solar energy which streams forth from the heart of the Sun is very powerful. "The Sun rules the heart", not only the human heart but the heart of every living thing. Radiations peculiar to the sun develop and determine the structure and functions of the heart through similarity of vibration between the sun and that particular organ. The visible sun is itself a force from the Central Sun, which is the invisible source of all that IS in our solar system. Our visible sun is but a mirror in which are reflected the rays of energy from the Spiritual Sun. The "Real Sun" is as invisible as is the "Real Man".

HEAVEN - The dwelling place of all human souls. A state of spiritual consciousness.

HELL - The sum total in the physical body of its instincts, moods, feelings, desires and wrong mental states. The Spirit of God within is shut off or hidden by the lower material self.
HEREDITY - That which is handed down to us through inheritance or from past lives and is part of our present equipment. The family is a psychic unit, composed of certain qualities into which the incarnating souls become immersed. The incarnating soul will be attracted into such conditions as respond to its nature, character or immediate purpose.

THE HIERARCHY - The Group of Masters who have achieved relative perfection and who constitute the invisible government of the world. They are under Christ and assist in carrying out His work. "The Kingdom of God". The Hierarchy of perfected Men - that group of spiritual beings on the inner planes of the Solar system who are intelligent forces of Nature, and who encourage and direct the evolutionary process.

The WORK of the HIERARCHY - This work can be studied from the angle of its relation to the Four Kingdoms - Mineral, Vegetable, Animal and Human, and the stimulation of qualities within and their unfolding power in each kingdom.

HIGHER AND LOWER SELF - There are two selves in man - the higher and the lower. One is immortal, imperishable, everlasting, and the other is mortal, subject to change and death. The Soul, or Christ within, is the Higher Self. The lower self is the personality, made up of mental, emotional and physical-etheric bodies, which the Soul is attempting to control.

HIGHER SELF - The first Master is the Soul, the Higher Self or Ego, the conscious thinking Identity. Contact is attained through the technique of regular and graded meditations.

HOLY GHOST - The energy of matter; the intelligent material substance providing the forms through which experience and development are gained. Developed in previous solar systems.

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IDENTIFICATION - To unite and blend in interest and purpose. At-one-ment or Union. The act of becoming one with another individual or state of consciousness.

ILLUMINATION - The light of the soul pours forth and man on the physical plane in his brain consciousness perceives that which previously was hidden from him. The illumined mind transmits soul knowledge.

ILLUSION - Everything finite (like the Universe and all in it) is called Illusion or Maya. All that which is subject to change through decay and death, and which therefore has a beginning and an end, is regarded as illusion. That alone which is Changeless and Eternal is called "Reality". Illusion is primarily the characteristic of a distorted attitude of mind.

IMAGINATION - The picture-making faculty or power to form an image or mental picture. First the thoughtform, then the desire to realise that which is imaged. By acting "AS IF" man deliberately brings in the creative imagination.

IMMORTALITY - Eternal, everlasting, not subject to death. Continued existence after death or cessation of form.

IMPERSONALITY - The realisation that each aspect of life necessitates service, applied without distinction and to any individual. The ability to rise above the limitations of the personal self in attitude and action.

GROUP IMPERSONALITY - or Divine Indifference - serving from the Soul and not from personality levels. Non-interference, non-criticism and the ability to mind one's own business whilst still maintaining service to others or in constructive group relations. Impersonality is the normal attitude of the Soul or the Self to the not self.

INCARNATION - Clothed with or embodied in flesh. United with humanity. Spirit incarnates only to gain
experience in the three worlds, to conquer and overcome the lower personal self and attain Self mastery. When all lessons have been learned and the experienced soul gains entire control, there will be no need for further incarnation.

**INDIFFERENCE** (Divine) - Non-attachment to form or the not-self. An unconcerned or impartial reaction is one of the quickest ways to release the Self from the personality. Divine indifference is based on a deep-seated belief in the persistence of the immortal Being within the forms of soul and personality, so that personality problems and failings die from lack of attention.

**INDIVIDUALITY** - Existing as a single entity; that which is characteristic of a single person or thing: the ring-pass-not of each which makes us distinct and separate from others in time and space. One of the names given to the human higher Ego. The distinction is that the immortal and divine "individuality" prevails forever, but the mortal human Ego, "the personality", perishes.

**INITIATE** - One who has entered into the Heart of God and therefore loves his fellow-man; who has entered into the Mind of God and is therefore a server of God's Plan; who understands God's purpose and can say "Not my will but Thine be done". One who has passed through the third initiation.

The **ONE INITIATOR** - The Lord of the World - Sanat Kumara; the Supreme Heart of the Hierarchy; the Ancient of Days.

**INITIATION** - The process of becoming acquainted with the first rules or principles of any science. Entry into a higher and more spiritual state of consciousness. Initiation is part of the normal process of evolutionary development, or of progressive expansions of consciousness.


**INNER RULER** - The Higher Self, Soul or immortal Ruler who thinks, knows and feels through the threefold lower self, but is also capable of thinking in terms of the Divine.

**INTEGRATION** - To combine the parts; to make up a whole; to pass from a complex state to a single one. The quieting of the lower bodies (physical-etheric, emotional and mental) so that the Soul may impress the physical brain.

**INTERDEPENDENT** - To rely for support or trust upon each other, as in the cultivation of qualities - physical, emotional, mental and spiritual - by conscious identity with the Ego (Inner Ruler or the Christ within). Cooperative interaction within a group, or between groups.

**INTERDEPENDENT TEACHINGS** - Mutually connected with or relying for support on the others. The Lord Buddha of the East and the Christ of the West gave the revelation of Divinity to their particular civilisations, and worked for the eventual benefit of mankind. Their teachings are interdependent. Both embodied certain Cosmic Principles, and by Their Work and sacrifice divine powers influenced mankind. The Buddha embodied Wisdom - the Christ taught "God is Love".

**INTUITION** - Infallible knowing. Direct spiritual cognition. A form of knowledge arrived at apart from the reasoning mind by the use of the Higher mind. Intuition concerns itself with group activity and not with personality affairs.

**INVOCATION and EVOCATION** - Asking and receiving by the use of the Spiritual Will. It is sometimes called "The Science of Social Service". A form of spiritual, dynamic meditation.

**THE GREAT INVOCATION** - Due to the point in evolution achieved by humanity this Invocation, whilst having
inner implications, is expressed in general terms understandable by all.

The Mind of God - as the focal point for Divine Light or Active Intelligence refers to the Soul which brings enlightenment and spreads knowledge.

The Heart of God - as the focal point of Love is the Hierarchy which when contacted expresses loving understanding in the hearts of all men.

The Will of God - Shamballa - the Centre from which the Hierarchy draws its life and which indicates the nature of the Purpose underlying the evolutionary Plan for humanity.

The Race of Men - Humanity itself through which the three divine qualities of Active Intelligence, Loving Understanding and the Will of God can be expressed and fulfilled, and the Plan on Earth restored.

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JOY - Joy is a quality of the soul, originating in the soul, and finally realised in the triple personality. Real joy comes with the complete control of the personality by the soul. It is a soul essence which cannot be cultivated but emerges when the personality is in a condition through which joy can `shine'.

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KARMA - The Law of Cause and Effect (sometimes called the Law of Perfect Adjustment). "As a man soweth so shall he also reap." Man receives the wages of his sins or of his virtues and thus perfect justice rules.

The KINGDOMS OF NATURE - From the occult standpoint and taking into consideration the evolutionary process of all natural phenomena, the Kingdoms of Nature include not only the Mineral and the Vegetable, but also the Animal, Human and Divine.

KNOWER - One who understands or recognises with certainty. Consciousness must be turned inward to the Soul before union can be made with the Knower and man becomes intuitively wise. Meditation plus organised discipline produces union with the Knower, or the Soul.

KNOWLEDGE - is the sum total of human discovery and experience, and is that which can be recognised by the five senses. It deals with the building and developing of the form side; the material side of evolution - solar, planetary, in the three worlds of human evolution and in the bodies of men. The result of the work of the senses when interpreted by the mind brings knowledge.

KUNDALINI - The Power of Life; the fire of the Spirit expressed in the personality through the centre at the base of the spine.

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LEMURIA - A continent which preceded Atlantis and which is said to have been situated in the Pacific Ocean between U.S.A. and Australia. It was the home of the third root race. In Lemurian times life on the involutionary arc was concerned with the building and the development of the etheric body.

LIGHT - The Third Aspect of Divinity - Light and Intelligent Activity, the qualities of the 3rd Ray. Enlightenment. Radiant energy acting on the sight. It concerns the mind level and is the Way of Knowledge.

LOGOS - The Deity manifested through every nation and people. The outward expression, or the effect of the cause which is ever concealed. Planetary Logos - God of a Planet; Solar Logos - God of a Solar System.

LOTUS - A plant of the waterlily family. The lotus is often regarded as a symbol of spiritual development. The roots grow in mud (physical man), the stem pushes up through the water (emotional nature) and the flower
opens in sunlight (the mind). The three rows of petals in the flower itself also symbolise the threefold man enfolding the Divine Self, the jewel at the heart or centre of the lotus.

**LOVE** - Love was the impelling motive for manifestation. It is the creative, attractive force in the Universe. Love is magnetic, unifying; it creates understanding and is radiant. It cannot be limited to one person because it flows constantly from and to and through everything. Christ revealed a "God of Love" and that "God is Love". Love introduces a new relationship among men. The fire of Love burns away all distinctions and makes us soul-centred individuals.

**LOVE OF GOD** - The keynote of Christ - God is Love - proves Love to be the motivating power in the Universe. God, the spiritual and living Father, Who impelled by love created the world and made man in His own image and likeness. He revealed Himself in His Son as Love in Person so that all men could grasp the great idea of LOVE. Christ embodied the principle of Love - the Law of Attraction - as the most outstanding quality of the Love Nature of God, and it is the principle on which the Kingdom of God is founded.

**LOVE/WISDOM** - The Second or Love/Wisdom Ray. The Second Aspect of God. The Wisdom or Love aspect drives man on to perfection through the realisation of his oneness with all that breathes, resulting in service through Love in activity.

**LOWER MIND (Concrete)** - That mind which is analytical, critical and the builder of idols. It is materialistic and concentrates on form. The reasoning faculty.

The **Nature of the LOWER SELF** - The threefold lower self is composed of a physical/etheric body, an emotional or astral body, and a mental body. The lower forms are ceaselessly active, assuming the forms of impulsive desires or uncontrolled mental thoughtforms. Through the concentrated effort of the soul to hold steadily the position of observer or see-er, the lower nature is stilled by the Inner Ruler, and the realm and true field of soul knowledge can be seen and contacted.

**LUNAR BODY (or desire body)** - This is the body of desire, of emotion and feeling, which must be rendered pure and clean and strong, and brought under the control of the Solar Angel, the Soul.

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**MACROCOSM** - The sum total in which we "live, move and have our being". The great universe, or God manifesting through His body, the Solar System.

**WHITE MAGIC** - A spiritual transformation effected by the soul-infused personality, motivated by the will-to-good, implemented by love/wisdom and activated with intelligent understanding.

**MAHACHOHAN** - The Head of the Third great Department or Activity Aspect of the Hierarchy. He is the Lord of Civilisation and is the embodiment on the planet of the Intelligence aspect of Deity.

**MAN** - Man is an animal, plus a living God. Man holds an intermediate position, having all things compressed and all things contained in his human form. His essential nature has the possibility of eventually expressing the latent power of the Godhead. In man highest spirit and lowest matter are joined by intelligence, the principle of Mind - he dwells on the physical, emotional, mental, intuitional and spiritual planes.

**MANAS or Manasic Principle** - MANAS - Intelligence, the higher human mind, whose light or radiation links the Monad for the lifetime to the mortal man. The Mind, the mental faculty; that which distinguishes man from animal. It is the individualising principle - that which enables man to recognise that he exists, feels and knows, and to relate his knowledge and impressions. It is divided into two parts - higher or abstract mind, and lower or concrete mind.

**MANTRAMS** - Verses from the Vedas (Hindu Scriptures). Mantrams are collections of words, phrases or
sounds based on the Sacred Word, which by virtue of the rhythmic effects achieve results that would not be possible apart from them.

**MANU** - The name of the great Being Who is the Chief or Ruler of the human race. "Manu" from the root "man", to think. The Manu embodies the First or Will aspect of Divinity. The Head of the First Department of the Hierarchy.

**MASTER** - One who has mastered his personality. A member of the Occult Hierarchy which directs the evolutionary process under the guidance of the Christ, and who has passed the Fourth Initiation. That which every human being will eventually become through the aid of the Spirit within him. This process takes untold lives, and is not accomplished in one life.

**MATTER** - Matter is energy. Matter and Spirit are one. The ultimate atom is composed of energy in varying rates of movement. All life is formed on a system of delicately graded states of matter, of finer and finer atoms. There are seven states of matter: solid, liquid, gaseous, and four ethers.

**MAYA** - The glamour and illusion on the physical plane to which an integrated personality responds as the result of uncontrolled vital energies pouring through the etheric vehicle.

**MEDITATION** - Concentrated spiritual aspiration through the focused controlled mind. The steady daily attempt to get consciously in touch with the Soul or Higher Self. By meditation man becomes aware of inner or other states of consciousness, enters into them and functions there. It enables man to become in outer manifestation that which he is in inner reality; to identify himself with his inner aspect.

The MEDITATION FORM or Outline - The meditation form is a formula for the generation, concentration and distribution of ENERGY.

The MEDITATION PROCESS - is divided into five parts. (1) CONCENTRATION - holding the mind firmly and steadily centred on the object of attention without wavering or distraction, learning to focus it and so use it. (2) MEDITATION - the prolonged focusing of the attention in any direction and the steady holding of the mind on any desired idea. (3) CONTEMPLATION - an activity of the Soul (detached from the mind which is held in a state of quiet). (4) ILLUMINATION - the result of Concentration, Meditation and Contemplation processes, and which involves the carrying down into the brain consciousness of the knowledge achieved. (5) INSPIRATION - the result of Illumination, as it demonstrates in the Life of Service. These five stages lead to UNION with the Soul and Direct Knowledge of Divinity.

**MENTAL BODY** - This body is made up of substance from the four lower levels of the Mental Plane, and is not yet well organised in the majority of men. It gives a certain character to the personal self, indicating a man's habit of thought and his reaction to the circumstances of life.

**MERGE** - To absorb, fuse or blend. To unite with others, which involves service. To be at-oned as brothers blending with the group of souls to which one is spiritually linked.

**METAMORPHISM** - Transformation. A process of change in formation or structure - as in the case of a chrysalis which turns into a winged insect.

**MICROCOSM** - The reflection in man of the great sum total. The little universe, or man manifesting through his body; the physical body.

**MIND** - The sixth or synthesising sense. It has three functions: (1) to receive impressions from the outer world via the five senses; (2) to reason, discriminate and decide; (3) to respond to impressions emanating from the subjective or spiritual world. This aspect is the abstract or higher mind and the other two aspects constitute the concrete or lower mind which is the form building faculty. The abstract mind is the pattern building faculty.
MIND OF GOD - See UNIVERSAL MIND

MIRACLE - A miracle is caused by the expression of forces greater than those of the human kingdom, and the outcome of laws beyond average human understanding. A happening which takes place as a result of the application of spiritual laws by those who have the power to wield them.

MONAD - The One. The threefold Spirit on its own plane. The microcosmic absolute of which the Spiritual Triad is the expression.

MOTIVE - That which causes movement, incites action or influences a choice. Choice is determined by the point of view and sense of values.

MYSTIC - One who seeks union with God Transcendent through the heart approach, involving feeling, sensory perception and emotional ecstasy. The insight gained by the mystical experience is momentary only and results in no intellectual understanding.

MYTH - A fable, legend or symbol. Behind the symbol and myth stands reality - an essential, dramatic and practical truth.

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NATURE - The providing of forms through which the indwelling consciousness can find expression is the purpose of Nature and all natural evolution.

NOON-DAY REMEMBERING - A brief, dynamic refocusing of the personality towards the soul at noon each day, as it seeks to use Soul energy and to live the life of the Soul on the physical plane. Recollecting that one is a Spirit-soul-body and not just a body.

NOT-SELF - The personality expression in the three worlds of the real Self - the Soul.

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OBLIGATION - is a recognised responsibility, or the binding power of a vow, promise or pledge.

OCCULT - The inner or unseen spiritual side of all forms through which God expresses Himself. Occult concerns the forces of Being and those springs of conduct or action which lie hidden in the purpose of life, whether solar or in man.

OCCULT RETICENCE (Silence) - is the making of no claim with regard to oneself or one's work - a withdrawal of attention to inner group purpose and plan. Disciples are taught to make light of their personality standing while exalting the nature of their Inner God, which is identical in all men, and to refrain from speech unless it serves group purpose by stimulating the highest aspects in every man. Occult reticence leads to detachment from the form nature and identification with the Self or Soul.

OM - The sacred Word of power. A dual sound, significant of the relation of Spirit and Soul, and of life and consciousness. (See also AUM)

OMNISCIENT - Of God, Who knows all things. All seeing, Unlimited knowledge.

The ONE LIFE - Divine, transcendent Deity, within which all manifested life "lives, moves and has its being". The One Energy from which all other energies spring.

OVERSOUL - The One Soul which includes all Souls, and the One Flame which includes all sparks; the One Life which includes all lives. The Occult student has to realise that forms are many but that all souls are identical with the Oversoul.
PAIN - The result of dis-ease or dis-harmony in one or more of the bodies physical, mental or emotional. It indicates a lack of, or failure to achieve, balance. Pain is the upward struggle through matter and the added resistance which matter sets up when life seeks freedom from form.

THE PATH - The way of discipline and enlightenment which everyone eventually treads on his way back to God. Man himself becomes the Path. An energy term indicating the seven energy streams which blend and merge to form one Path.

THE PATH OF DISCIPLESHIP - The path of self-discipline in order to achieve union with the Soul. The conscious following of the Christ. The Way of Service.

PATH OF EVOLUTION - There are three stages corresponding to the three aspects of Divine Life:- (1) Path of Involution (of form) deals with the form aspect, with the matter and vehicles through which the Life of God is manifest. It concerns the descent of Spirit and the downward arc of manifestation. The voluntary fall of Spirit from its place in the Monadic Kingdom down into the densest matter of the mineral kingdom - Spirit becoming involved in substance and form. (2) Path of Evolution (of consciousness). The gradual return of Spirit by expansion of awareness through the series of kingdoms to its former place, but with the knowledge and awareness of all kingdoms added. (3) Path to God. In the human kingdom when this expansion has progressed to self-consciousness and the desire to serve is functioning, man is no longer driven by the force of substance and form. He responds to the needs of the group and no longer to his own desire nature. There are three divisions of this Path from the spiritual aspect - (i) Purification or Probationary, (ii) Discipleship, (iii) Initiation.

Universality of the PATH - Every religion in the world emphasises the need of treading the Path or Way, lays down the same rules, is divided into similar divisions and stages, and holds out the same goal - reunion with the Divine. All roads lead to the centre.

PERCEPTION - The faculty of seeing or understanding. To see with the mind or the bodily senses. Perception is gained through contacts made by the five senses of touch, hearing, sight, smell and taste. Awareness, interpretation and understanding.

PERMANENT ATOM - Those five atoms, with the mental unit, one on each of the five planes of human evolution (the mental unit being on the mental plane also) which the Monad appropriates for purposes of manifestation. They form a stable centre and are relatively permanent. Around them the various sheaths or bodies are built. They are literally small force centres.

PERSONALITY - The characteristics of an individual. The threefold lower man - mental, emotional, physical-etheric. The personality is the lower self, the reflection of the Soul, the conscious thinking identity, or Higher Self.

PHENOMENA - Object of perception evidenced only by the senses: cognisable by the senses. A visible manifestation, fact or occurrence. Anything seen by observation or experiment - that which possesses individual form.

PHYSICAL/ETHERIC BODY - The physical body is made up of the chemical elements of the physical plane - the etheric body is a counterpart of the physical (not to be considered as a separate vehicle) - and serves the purpose of carrying the life energies which energise and vitalise the physical body. These chemical elements are organised into a collection of organs and tissues necessary for the life or protection of the body, and for the use of the indwelling Soul.

PINEAL GLAND - is located in the centre of the brain in a tiny cave behind and above the pituitary gland - referred to as the Third Eye or the Eye of the Soul, which manifests as a result of the vibratory interaction
between the forces of the soul, working through the pineal gland, and the forces of the personality working through the pituitary body.

**PITUITARY BODY** - This gland has a close connection with emotional and mental qualities. It is two glands in one and located in the head, lying at the base of the brain behind the root of the nose. This gland is able to stimulate the brain cells and has a direct, important bearing on the personality.

**PLAN** - God's vision, as far as it is known, for the future of our planet. All the secrets of evolving life are at present hidden in this Plan or Will, and these secrets gradually unfold into the `cloud of knowable things' as humanity evolves.

**PLANE** - A state of progressive experience. A plane is a complete series or world of substance under one law. There are seven major planes of our Solar System, each divided into seven subplanes which interpenetrate: (1) Divine; (2) Monadic; (3) Spiritual; (4) Intuitional; (5) Mental; (6) Astral or Emotional; (7) Physical. The physical plane includes solids, liquids, gases and four ethers, i.e. seven states of matter which go to make up the densest expression of life.

**PLANETARY LOGOS** - This term is generally applied to one of the seven highest spirits corresponding to the seven archangels of the Christians. They have all passed through the human stage and each is now manifesting through a planet and its evolution, in the same way that man manifests through his physical body. The God of the planet. The personalised aspect of our Planetary Logos on this planet, Earth, is Sanat Kumara.

**POWER** - (See WILL). The First Ray of WILL or POWER. The Father aspect of the Divine Trinity.

**PRAYER** - is communion with God; an habitual attitude of continuous fellowship with God. Seeking God Himself rather than His outward gifts. Only to one who prays can God make Himself vivid.


**PROBATIONARY PATH** - The Path of Aspiration, of Purification.

**PSYCHISM** - concerns itself with the hidden forces of being. The higher and lower expression of sensitivity to life and phenomena on the various levels of physical, emotional, mental and spiritual awareness. There are two kinds of psychism: **Lower psychic powers.** Clairvoyance; clairaudience; evil or unhealthy contacts with non-human entities (forms). **Higher psychic powers.** Telepathy, spiritual perception, understanding of divinity in all forms. Illumination. In the future these faculties will no longer be psychic powers but normal attributes of man.

**PURIFICATION** - The act of cleansing or making whole-some the bodies (physical/etheric, emotional and mental) by obedience to the laws of self-discipline and of the spirit. The Probationary Path is the Path of Purification.

**PURITY** - Cleanliness, unadulterated essence. The condition of being chaste or innocent. Freedom from wrong or evil motives or moral defilement. Freedom from limitation.

**QUALITIES** - are the attributes or characteristics of the soul - love, compassion, joy, serenity, courage, steadfastness, perseverance, confidence, stability. Soul qualities radiate through the personality.

**QUATERNARY** - The fourfold lower self, or man, in the three worlds:- (1) Lower Mind; (2) Emotional body; (3) Prana, or Life Principle; (4) the Etheric Body, or the highest division of the twofold physical body.
**QUESTIONING** - The endeavour to discover reasons and causes. A spirit of enquiry or the accurate analysis of all motives. The disciple learns to judge causes, to understand effects and work off Karma. Questioning concerns the reflection of the Spirit aspect. A disciple uses discrimination to purify the mental body; dispassion to purify the astral or emotional body; questioning to purify the personality.

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**RAJA YOGA** - The "kingly" science of the mind. Union with the Soul through the right use of the mind.

**RAYS (7)** - A Ray is one of the seven streams of force from God. Each is the expression of a great Cosmic Being. There are: 3 RAYS OF ASPECT - (1) the Ray of Will or Power; (2) the Ray of Love-Wisdom; (3) the Ray of Activity or Adaptability. 4 RAYS OF ATTRIBUTE - (4) the Ray of Harmony, Beauty, Art or Unity; (5) the Ray of Concrete Knowledge or Science; (6) the Ray of Abstract Idealism or Devotion; (7) the Ray of Ceremonial Magic or Law.

**REDEEMER** - To liberate from bondage; rescue; restore. Christ showed humanity the way to enter God's Kingdom by liberating the power of the indwelling Christ within the personality aspect of man.

**REINCARNATION** - or rebirth. Repeated earth experiences through birth in a physical body. This planet is a school of experiences through which we journey at intervals to undergo further unfoldment of divine powers latent within.

**RELATIONSHIP (Group)** - Connected by the same values, objectives and spiritual plan and purpose. The soul expresses itself through group relationships.

**RENUCIATION** - To give up, sacrifice or repudiate. To look away from the things of the personality. To ask nothing for the separated self.

**RESOLVE** - To separate a complex body or idea into simple parts. A determination to achieve.

**RESPONSE** - To answer or to react to stimuli whether material or spiritual. A process of development by which we become consciously in tune with the Soul.

**RESPONSIBILITY** - Acceptance and discharge of duty, obligation and opportunity to serve. A sense of responsibility is characteristic of discipleship.

**RESURRECTION** - The triumphant survival of the spirit at the death of the body. Christ's manifestation in a spiritual body.

**REVELATION** - To remove that which conceals or obscures and bring clearly into the light facts and reality. Revelation is the term covering all mental penetration into the life of the Spirit.

**RIGHT SPEECH** - Speech makes ideas and ideals available to others, and right speech can create a form of beneficent purpose. The spoken word produces results which need to be considered. Right words should be used to express right thought. Gossip, criticism and silence at the wrong time wound and kill.

**RING-PASS-NOT** - The sphere of influence of any central life or energy. The limit of the field of activity of the central life force or solar system. In the average human being the ring-pass-not is the limit of his mental body and range of thought.

**ROOR RACE** - One of the seven races of man which evolve upon a planet during the great cycle of planetary existence. This cycle is called a world period. The Aryan root race, to which the Hindu, European and modern American races belong is the fifth; the Chinese and Japanese belong to the fourth root race.
SALVATION - Preservation from destruction.

SANAT KUMARA - That Great Life in Whom we live, move and have our being, Who is Himself the True Light of the World and the Planetary Enlightener. The Ancient of Days, the God of Love. The One Initiator. The One Who holds all men in life and Who is carrying the whole creation along the path of evolution to its purpose and goal.

SEED THOUGHT - A symbol or form of words which the mind earnestly studies and reflects upon, and which holds or hides an idea or truth of profound spiritual significance. Development of the seed thought is attained by holding the mind steady in the light of the Soul.

SELF-FORGETFULNESS - Selflessness. To transfer attention from the body to the life within that body. Detachment from the personality self. Altruism - the opposite quality to selfishness - when all thoughts, words and actions tend to the good of others regardless of self.

SELF-RECOLLECTEDNESS - Recollection of ourselves as a whole and as a part of a greater Whole. Constant remembrance that we are the Soul, and by becoming self-reliant strength is drawn from the Higher Self within. Recognition that every aspirant is a point for soul energy; every disciple is a transmitter of spiritual energy; and that every applicant for initiation has to demonstrate soul contact in the midst of world chaos.

SENSES - The organs whereby man becomes aware of his surroundings, and the Self (the Soul) becomes reactive to the Not-Self (form) and so interprets the daily life. (Hearing, touch, sight, taste, smell.) These are faculties and means of investigation on the gross physical plane, by which man experiences, discovers and expands his consciousness.

SENSITIVITY - Alertness to soul impression. Aliveness to the impact of new ideas and to intuitive response. The ability to be alive, alert, keen to recognise right human relationship, quick to react to need; to be mentally, emotionally and physically attentive to life and develop the power to observe upon all three planes in the three worlds at the same time. Spiritual sensitivity must be cultivated in giving as well as receiving. Spiritual giving is governed by spiritual Will, pure reason and creative activity acting in unison.

The QUALITIES of a SERVER - The qualities of a Server are - Purity of motive; Realisation of Soul energy; Discrimination to consider conditions, to make right choice, and to act wisely; Responsibility - the right use of spiritual energy; harmlessness of words, thoughts and actions in daily living; detachment from the results of actions; Readiness to sense the opportunity and perform work when required; Adaptability to circumstances; Observation in the acquirement of knowledge for service; Recognition of himself in others and others in himself; Love - which attracts and is the great unifier.

SIGNS OF TRUE SERVERS - Renunciation of the past and a full striving to the future with dedication to the vision of service. Realisation of the Master within the heart - the spiritual inner man. Rejection of fear and achievement of fearlessness. Harmlessness. Non-condemnation or criticism. The "joy of service and of complete sacrifice". Orientation towards the world of spiritual being. Impersonal love to all humanity.

SERVICE - To give and not to count the cost; to work without thought of reward or result. Service is immediate response to soul contact; the outflow of a loving heart and an intelligent mind.

GROUP SERVICE - to work for the benefit of the group as a whole and not for oneself as an individual. The ideals of Group Service are non-separativeness and unity. Workers are chosen according to their ability to serve, to fit in their true place, in order that the Plan may work with the least output of energy. The true service is the spontaneous outflow of a loving heart and an intelligent mind to all humanity.

SERVICE throughout the KINGDOMS OF NATURE - Service is the keynote of life throughout evolution. Each kingdom serves the one above it, and each part serves another. The mineral is food for the vegetable, the
vegetable feeds the animal; the animal feeds and gives the human kingdom faithful service; the human gives the soul its experience, and these are built into the Spirit.

**SERVICE IN THE NEW AGE** - The motive for service must be away from the personal objective of self-development and of self-liberation, and towards the general and the universal and the need of the group in response to human need. The qualities of discrimination, keen analysis of motive, and the understanding of the nature and methods of right service are of supreme importance.

The **STEPS of SERVICE** - The body temple to be kept clean and healthy by the rhythmic working of the atoms which compose it. The emotional body aids the physical by keeping rhythmic and stable, and serving the Soul as a channel of force and not as a waster of energy. The mental body serves by building in knowledge to prepare to receive the wisdom of "being". The personality serves the Soul by self-discipline, sacrifice and transmutation to the desires of the Soul.

**STRENGTH IN SERVICE** - This comes from the realisation of group unity. The foundation of the strength to step forward on a chosen path is "profound conviction". Balance is found by preserving stillness within the turmoil of the body, senses and desires, and by the power of the Higher Self to rule and dominate the lower self. Spiritual humility is spiritual strength.

**SHAMBALLA** - The centre or state of Divine Consciousness. Just as the Hierarchy and humanity are planetary centres of Love and Light, Shamballa is the vital centre of spiritual Power.

**SIGHT** - Recognition of the triplicity needed in manifestation, or the reflex action of the self and the not-self. Seeing the threefold evolutionary process and, by means of the development of the inner vision, seeing the One Self in many forms.

**SILENCE** - Silence is essential because: the occult effects of speech must be understood, for knowledge wrongly imparted can be dangerous; silence conserves energy; develops interior meditation; avoids making karma; motive in speaking must be observed. Silence increases the ability to preserve equilibrium and enables man to cultivate the realisation of conscious alignment with the Ego, his own inner Divinity. Only when the many voices of the lower nature and of our environment are silenced will the "Voice that speaketh in the stillness" make its presence felt.

**SMELL** - The faculty of keen perception that eventually brings a man back to the spiritual source from whence he came through apprehension of the vibration of the Self.

**SOLAR LOGOS** - The Life which pervades the entire Solar System.

**SOUL** - The Christ within - The Solar Angel; spiritual Self; the Angel of the Presence. The soul is the mediator or middle principle. It is neither spirit nor matter but is the relation between them. The soul is group conscious and is one with all other souls. It overshadows the personality and connects with man by a thread of energy - "the thread Soul" - during the entire span of earth life. The soul is the force of evolution itself and is another name for the Christ principle. The Real Self is the Soul - the body is its instrument.

**SOLAR GUIDANCE** - The key to the entire process of unfoldment is Soul guidance leading or directing the conduct of the personality. The heart and mind are blended and merged with the Soul so that eventually Christ Will, Christ Love-Wisdom and the activity of the Christ Mind are consciously expressed.

The **WORK of the SOUL** - To gain and maintain control of the lower nature through conscious adjustment of the bodies so that they are directly aligned with the Soul. Thus only can the Soul impress the physical brain of the man on the physical plane, and so work out its plan on earth.

**SPIRIT** - Not material. The spiritual part of man. The Real; the Eternal; the One Life; the Monad; Energy. Spirit is the Life Breath which is the cause of all manifestation. It is the vital factor which we call the 'life' of man. This is indicated by the breath in his body, which is abstracted or withdrawn when the end of life
SPIRITUAL LIVING  - Living as a soul and not as a personality. Clear mental perception and loving understanding intelligently applied in practical daily life. By shaping our ideas to a definite pattern, by following the meditation process to find the quality, the inner or soul feeling, and applying it for the benefit of mankind.

SPIRITUAL OBEDIENCE  - Submission to the guidance of the Soul, the first Master. Obeying the voice of conscience first, then the voice of the soul which brings awareness of the voice of humanity and the group service to be rendered.

SPIRITUAL TRIAD  - The Spiritual Man. The expression of the Monad.  
(a) Higher Manas, expressing the Activity or Intelligence aspect.  
(b) Buddhi, expressing the Love/Wisdom aspect.  
(c) Atma, expressing the Will or Power aspect.  

SPIRITUAL UNFOLDMENT  - Results from the right use of emotional and mental energies which expand and develop the latent spiritual powers. To respond to the soul and learn to love and serve humanity.

The Five-pointed STAR  - The Star of Initiation. The symbol of the Christ and of perfected man.

SUBHUMAN  - The sum-total of all lives in all forms below the human kingdom.

THE SUN  - The sun in its aspect of Light is the symbol of the Soul. Esoterically the sun is regarded as triple:  
(1) the physical Sun - Body - intelligent form; (2) the Heart of the Sun - Soul - Love; (3) the Central Spiritual Sun - Spirit - Life or Power.

SUPERHUMAN  - The sum-total of all Lives above the human kingdom, therefore all lives in the Kingdom of God, and all grades of being above the human.

The SUTRATMA or Thread Soul  - The silver thread of life and consciousness which is a stream of energy linking the various bodies. It manifests from the beginning to the end of an incarnation. It passes from the Monad via the soul body on the higher levels of the mental plane down into the physical vehicle, and is responsible for the fuller working of all parts of man's nature on all planes and for all states of consciousness.

SYMBOLISM  - The spiritual ability to recognise the meaning of, or develop and interpret that which lies behind the form. The expression of an idea or a thought by means of an image or picture in the mind. A symbol always embodies an idea having a meaning or value - and the `picture' fixes the idea itself.

SYNTHESIS  - To be unified into harmonious relation - as when the separate aspects of the human being blend with each other and with the soul, with their Creator, their source of energy and their active power. The work of the Hierarchy is towards synthesis and understanding. The Yoga of Synthesis is "Union through identification with the Whole".

TASTE  - The faculty of discrimination. By the process of rejection and of assimilation we grow. Discrimination is the educational process to which the Self subjects itself in developing intuition and recognising its own essence in and under all forms.

Four TECHNIQUES in preparation for Service  - (a) THE TECHNIQUE OF THE PRESENCE OF GOD concerns the Soul and is identification with the Soul. It is the Way of Contemplation.  
(b) THE TECHNIQUE OF LIGHT concerns the mind level. Knowledge when acquired is offered to the Soul for use by the process of "standing steady in the light". It is the Way of Meditation whereby one becomes a "light bearer" and reflects light.  
(c) THE TECHNIQUE OF INDIFFERENCE concerns the astral plane. The control of the emotional nature by the
practice of divine indifference - complete impersonality, the method of harmlessness, when behind all actions and thoughts there is freedom from emotion with guidance of the soul. (d) THE TECHNIQUE OF SERVICE is related to the physical plane. It is the Way of Spiritual Outgoing.

The THIRD EYE - A special organ gradually developing with the expanding consciousness, which registers finer vibrations of the super-physical world, the realm of the ethers. Sometimes called "The Eye of the Soul". It is between the eyes at the root of the nose.

THOUGHT(S) - Thought is that which the mind considers, reflects or ponders upon; "thoughts are things" and mould mental substance into forms which are just as real in the mental world as deeds are in the material world. A thought is (a mental deed) has energy and "energy follows thought"; it vibrates and persists in mental substance so long as it continues to be energised by the mind.

THOUGHTFORM IN MEDITATION - A 'lighted' thoughtform is produced by memorising the meditation outline and adding to it an understanding of its purpose. This is essential if the astral body is to be controlled. "As a man thinketh in his heart, so is he." According to the quality of the vision and thought of the man, so will be his desires and his outer actions.

THREAD SOUL - see "SUTRATMA".

THE TIBETAN - The Master Djwal Khul, an adept of the Second Ray of Love/Wisdom. He is known as "the Messenger of the Masters". He is very learned on the Rays and Planetary Hierarchies of the Solar System. The Arcane School came into being as a result of further information on the Ancient Wisdom which he gave to Alice A. Bailey.

TOUCH - The faculty of mental recognition of the veiling sheath, thus arriving at the essence within the form. Through contacting the form or not-self ideas are conveyed to the consciousness of the size, external texture and surface differences of the form veiling the essence.

TRANSFIGURATION - The Third Initiation. The physical man illuminated and transformed by the brilliant radiance of the indwelling Divine Life.

TRANSITION - A shift of consciousness from one plane or standard of values to another; from one way of looking at life to another; and to pass from what has already been achieved to something better and higher.

TRANSMUTATION - The process of change whereby any substance can be speeded up to a higher vibration and thus shifted into a subtler dimension. The changing and redirecting of the energies of the mind, of the emotions and of the physical nature so that they serve to reveal the Self and not the physical and body nature.

TRIADS -
(1) MONAD or Spirit - Spiritual Will. Spiritual Love/Wisdom. Spiritual Intelligence.
(2) EGO - Atma - Conscious Will; Buddhi - Conscious Love/Wisdom; Manas - Conscious Activity.
(3) PERSONALITY Body - Mental - Thought; Astral - Desire; Physical - Activity.
Just as the Ego is a reflection on the lower planes of Monad or Spirit, so the lower personality is a triplicity reflecting the Ego.

UNBALANCE - Not poised; mentally or emotionally upset. Where the various bodies - mental, emotional and etheric/physical - are not working together but oppose each other and are out of alignment or uneven.

UNDERSTANDING - The faculty of the Thinker to appropriate knowledge as the foundation for Wisdom; that which enables man to adapt the things of form to the life of Spirit, and inspiration from the Hall of Wisdom
linked to the facts of the Hall of Learning. It concerns the One Self. Knowledge deals with the "not-Self" whilst understanding is the point of view of the Soul or thinker, or is the relation between them. In the life of the Spirit, understanding is the cause of revelation.

UNION - The act of making one; combination or harmony of agreement between parts. Through an ordered process of soul unfoldment a conscious union (at-one-ment) is brought about between the lower or personal self and the higher or divine Self. Dualism gives place to unity.

Stages of UNION - The Union to be progressively achieved is: (1) Union of the threefold man, the personality (physical/etheric, emotional and mental bodies). (2) Union of the lower man with the Soul - the interplay between the Ego and the personality via the physical brain. (3) Union of the personality, Soul and Spirit, so that they function as one upon the physical plane. (4) Union with the Group Soul.

UNITY - At-one-ness, wholeness. To know God as the Eternal Cause and Source of all. To recognise the Whole to become one with God by becoming one with our immortal Soul. The consciousness of the individual Soul is the consciousness of the Whole. Separativeness, divisions and distinctions fade away in the knowledge and realisation of One-ness.

UNIVERSAL MIND - The MIND OF GOD. The One Mind that contains all minds. It includes all states of consciousness, seen and unseen. It is All Knowledge, All power and Ever Present. The Universal Mind, or Divine Thinker, is the Intelligence Principle which makes itself known in man through the lower concrete mind, the abstract mind and the intuition.

UNIVERSAL RELIGION - All religions spring from the One Source. The teachings of the East and of the West must be fused and blended before the true and Universal Religion - for which the world awaits - can appear on Earth.

UNSELFISHNESS - Forgetfulness of self in service to others. Not governed by desire for personal comfort or ambition, but devoted to the interests of others and sharing group responsibility. Right human relationships. To take that line of action which will produce the highest good for the greatest number.

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VEHICLE - A body or channel for conveying a particular type of force or energy, e.g. the physical vehicle, or astral body.

VIBRATION - The result of force or energy which causes shaking or oscillation at different speeds. All rates of vibration are in constant change from a lower to a higher frequency. All energy has a definite vibration, the most rapid being that of Spirit or the highest creative force. Each man has his own individual vibration which radiates without becoming confused with that of any other person.

VISION - The ability of the Soul to intuit Reality by spiritual penetration.

VISUALISATION - The thoughtform or pattern building faculty operating through the activity of the creative imagination.

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WESAK - A ceremony which takes place on the inner planes in the Himalayas at the full moon of Taurus, at which all the Members of the Hierarchy are present. The Buddha, for a brief period, renews his touch and association with the work of our planet.

WILL - The expression of God's purpose working out through His Plan. The conscious process involved in effecting a decision, or power of choosing according to certain principles and ideals.
Wisdom - Wisdom concerns a developing contact with the life within the form; a change of emphasis in interpretation from the appearance or the obvious to the true meaning and significance. It deals with the life side of evolution - the essence of things and not the things in themselves. It can distinguish between false and true; between real and unreal. Wisdom is transmuted knowledge. Wisdom is the Science of Spirit, just as Knowledge is the Science of Matter. Wisdom is synthetic and subjective - it unites and blends.

Wisdom Religion - Also called the "Ancient Wisdom" which deals with the evolution of life under the guidance of the Masters of the Wisdom who are senior members of the kingdom of souls.

Worship - Personal communion with God. Adoration of the Divine.

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Yoga - Union with the Higher Self. To blend the physical with the spiritual. The practice of meditation as a means of leading to spiritual liberation.

Younger Brothers (Animal Kingdom) - Humanity is macrocosmic in relation to the subhuman states of consciousness. All Kingdoms below the human are therefore "younger" in evolution, although still part of the One Life.

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